



# Disciplined Trading Strategies

## A Structure for Learning How to Trade or Invest Properly in 100 Days

If you have been at it a while, you know the only way to making money in the market for 99.9% of people is by understanding technical analysis.

It is also imperative to really learn all there is to know. Understanding 75% of technical concepts will have you losing money as fast as you hit the button. You must fully understand all there is to know and there is a LOT more to know than you probably realize...

Day

### 0 **Sign up for the DTS Seminar Program**

You are likely aware of the facts below if you have just signed up, but this 100 day schedule is available to anyone on the website so some of the program features are listed below.

It currently costs only \$6,444 for the full seminar program and you will never pay another penny for anything educationally (price and program may change check the website).

The course are repeated about every 6-12 weeks.

Retakes are free and NECESSARY, to properly learn the material.

There are Practical Application and Review Days and Scanning Sessions that are part of the seminar program to tie together what is learned in class and what is done every day.

The Seminar Program includes the DTS Home Study Program, a professional college / corporate LMS platform for learning the seminar program material (LMS stands for learning management system). You can view it at home or any one location you chose.

The DTS Home Study Program allows the ability to retake the courses at your own pace and also is a good alternative for those that cannot attend the Saturday live events often.

Appropriate coaching sessions are another tool to review trades and trading plans to make you successful and are included as Paul's commitment to make you successful.

### 1 **Take the Introduction to Mastering Technical Analysis Course**

It is typically the Friday before the first Saturday course and it taught from 12:30 - 5:00 ET

You can view the table on contents on the DTS Website - Seminars Page

This course can also be viewed on the DTS Home Study Program.

### 2 **Take the Mastering Technical Analysis Course (MTA)**

After this course you will be instructed to follow the market and look at stocks and look for the seminar concepts but NOT to trade or invest – not one trade. You will feel empowered but you are not yet capable of making money.

### 3-8 **Follow up to MTA**

Review long term and or intraday charts by scrolling through them  
Look for all the concepts taught in MTA  
Your goal is to identify every set of stages after the fact  
And to determine which ones are identifiable in real time  
Look for how the macro and micro time frames interact  
And to determine which ones are identifiable in real time

## 9 **Take the Mastering Advanced Tactics Course (MAT)**

After this seminar you will have been given all the knowledge to make money but not near enough will be understood. Some get most of it, some are in a daze at this point.

## 10-15 **Follow up to MAT**

Do the assignments that are outlined in the back of the MAT manual this will take all week  
Continue to review and follow up to the MTA course

## 16 **Take the Mastering Gaps Course (MG)**

This seminar is unique from the first two but the concepts are great for swing and day trading. It will give you and added edge and perspective into the unique gap plays

## 17-22 **Follow up to MG**

Daily rate and track all gaps that occur so you can begin to get calibrated to the real time environment of gaps  
Continue the follow up to MAT and MTA

## 23 **You now have three critical weeks until you repeat the seminars**

This is where most people lose it. They do everything wrong. They are armed with a dull knife and they go full boar into the battle.

Do not go back to what you were doing unless it is your intent to do so.

If you are new it is critical to follow these steps

If you are not making money then you are 'new'

If you have been able to do all the follow up work above you may take each course a week apart through the DTS Home Study Program.

## 25 **Begin paper trading - Monday of week 4**

Trade anything anywhere any time

Don't worry about rules discipline or time frames

This is when you find out what you like

Track your results with a simulator if possible but doing it by hand will work

Find out what you like:

Breakouts or pullbacks

Daily or weekly

1 minute or 60 minute

Tight stops or wide stops

- 30 Write a Trading Plan over the weekend**  
View the "Making and Using a Trading Plan Video" on the DTS Seminar Program Resources page  
Give yourself 30 minutes to write your plan  
Yes write the plan in 30 minutes  
Don't worry about form or substance  
Don't use technical language more than you are comfortable with at this point  
Just write in plain simple English (or what ever language you like) what you want to do in the market
- 32 Trade your trading plan - Monday of week 5**  
You have one requirement - follow your plan and do nothing more or nothing less  
For this first week you may stop and change-remove-add to your plan as you like.  
You will need to and should need to make changes constantly  
Your goal is by the end of the week to have a trading plan that you are not allowed to change until the end of the day  
View again the 'Making and Using a Trading Plan' video on the DTS Seminar Program Recourses Page about a week after you write and test your first trading plan
- 35 Attend the Practical Application and Review Session**  
Look on the DTS calendar for this date it will vary and may not fall on day 35 for you  
There are typically two PARD sessions every live seminar cycle
- 35 Attend the Chart Scanning Session**  
Look on the DTS calendar for this date it will vary and may not fall on day 36 for you
- 39 Perfect your trading plan - Monday of week 6**  
Go back and review all the DTS Seminar Manuals  
Consider at this point adding more meat to your trading plan  
Add the things you HAVE to have - CANNOT have - LIKE to have  
Add charts as examples of good and back technical concepts  
Begin the process of chart review to verify you are following your plan  
See the 'Performing Proper Trade Review' video on the DTS Seminar Program Recourses Page
- 72 RE-take the Mastering Technical Analysis Course (MTA)**  
Your retention of material will go from 15-50% and you will feel empowered  
Set up a table of monetary advancement from paper trading to your initial risk goal  
Determine what the goal is to advance and the discipline to move down
- 74 Begin paper trading for advancement**  
Begin paper trading like your life depended on it  
Achieve the goals you set over the weekend then move up to small monetary risk  
Suggestion is no more the 10 dollars risk to start  
Continue moving up as you meet your goals but not more than a level every three days

**79 RE-take the Mastering Advanced Tactics Course (MAT)**  
Your retention of material will go from 15-50% and you will feel empowered

**81-85 Continue you minimal risk trading for advancement**  
You should still be at very low levels do not worry about it

**86 RE-take the Mastering Gaps (MG)**  
Your retention of material will go from 15-50% and you will feel empowered

**87 Monday of week 9**  
You have now been through the Seminar Program twice  
You should have graduated from paper trading to some small risk level  
You now work you way up your own personal risk chart as far as you can the next two weeks  
Do not push things but rather make sure you are confident and calm at every level  
This is when you contact Paul for a review session or if you cannot advance  
The student cannot grade their own paper  
Make sure you are following up and printing charts  
Make sure you are following up and tweaking your plan as needed  
If you are stuck schedule a session with Paul

**94-99 RE-take the Seminar Program courses**  
Take the Home Study for your third time through the classes if you went live the first two. Ideally you should go live twice and Home Study once. If you need to go live once and Home Study twice that is fine. If you have to do all Home Study, be aware of the possible negatives of self imposed study. If you are disciplined you should be fine.  
You should now be at 80-90% retention of all seminar material  
You should be at 95% retention of the concepts you have gravitated to  
Continue to work your way up to your initial risk goal  
You should be hitting that goal  
View videos on the DTS Free Stuff Page as they may mean a lot more to you now than before training